



**Health & Leisure**  
MEON VALLEY HOTEL, SPA & GOLF  
ELITE VENUE SELECTION

# Pool Timetable

	7AM UNTIL 8AM	8AM UNTIL 10AM	10AM UNTIL 11AM	11AM UNTIL 12PM	12PM UNTIL 2PM	2PM UNTIL 4PM	4PM UNTIL 5PM	5PM UNTIL 7PM	7PM UNTIL 8PM
MONDAY	ADULTS ONLY		BABY SQUIDS 9:30AM UNTIL 11AM				BIG SQUIDS Half Pool Closed	BIG SQUIDS Half Pool Closed	ADULTS ONLY
TUESDAY	ADULTS ONLY		AQUA 10AM UNTIL 11:30AM				SWIMMING LESSONS 4PM UNTIL 5:30PM		ADULTS ONLY
WEDNESDAY	ADULTS ONLY		BABY SQUIDS				BIG SQUIDS Half Pool Closed	BIG SQUIDS Half Pool Closed until 6pm	ADULTS ONLY
THURSDAY	ADULTS ONLY			AQUA 10:45AM UNTIL 12:30PM					ADULTS ONLY
FRIDAY	ADULTS ONLY		BABY SQUIDS 10AM UNTIL 11:30AM				SWIMMING LESSONS 4PM UNTIL 5:30PM		ADULTS ONLY
SATURDAY	ADULTS ONLY				ADULTS ONLY	ADULTS ONLY			ADULTS ONLY
SUNDAY	ADULTS ONLY		BABY SQUIDS 9:00AM UNTIL 12 NOON		AQUA NATAL 12PM UNTIL 12:45PM				ADULTS ONLY

We will be restricting the amount of people we have entering the club; so we will ask all members and hotel guests to call in advance to book a time slot to use either the gym or the swimming pool. Time slots are 1 hour long and we ask all pool users to stick to your booked time.

Thank you for your cooperation.

